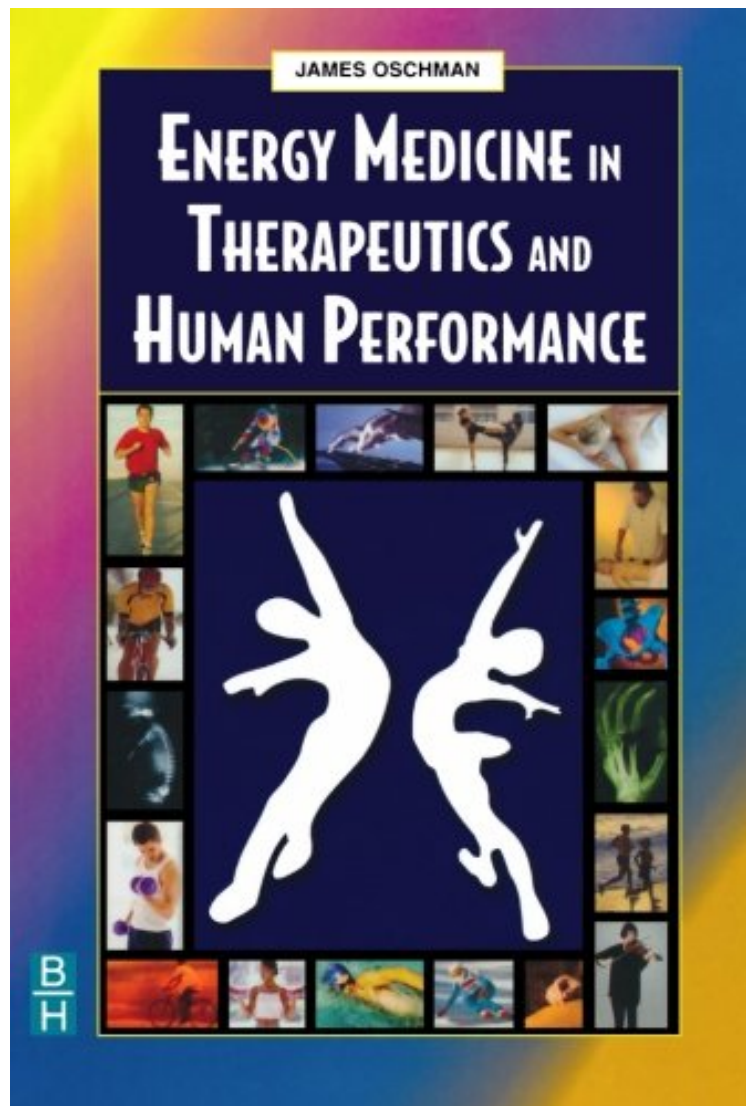


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James L. Oschman PhD : Energy Medicine in Therapeutics and Human Performance, 1e (Energy Medicine in Therapeutics Human Performance) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Energy Medicine in Therapeutics and Human Performance, 1e (Energy Medicine in Therapeutics Human Performance):

4 of 4 people found the following review helpful. Indispensable understanding for the body worker!By clyde porterI am a wholistic health and energy management practitioner. Any food or supplement or reading I use that I consider important to my mental, physical, emotional, spiritual health is tested energetically for the truth and integration of it before my consumption. I have no life to waste on careless consumption in these realms. My recommendations reflect this process. This information is core to the understanding of the body as a consciousness as well as other aspects of human performance. Yes there is brain-nervous system consciousness, but there is the second, body consciousness made up of the continuous matrix of connective tissue that is the body. As the seat of the second consciousness it is amenable to modulation and my own treatment methodology was enhanced, indeed revolutionized as I understood this work and the good available in its understanding. Hurrah for the truth and effort in this book! Thank you Oschman!6 of 7 people found the following review helpful. Phenomenal informationBy Nancy DoyleI cannot put this book down. It has so much information about the depth of how and why the the body systems work from consciousness to unconscious. I especially like the information about communication through the connective tissue. There is so much great information I cannot do justice to speak of this man's work. We truly are a living matrix. He has a great way of explaining that I can understand though he does address much from a technical point. I am a nurse and energy healer and this information gives me truth and understanding to the depths of healing possibilities. Nancy Doyle0 of 0 people found the following review helpful. Three StarsBy Ko HawkesThough of the same title, it wasn't the same as my teachers' I didn't know there were different editions.

Focusing on the wealth of information emerging in the area of energy medicine, this unique resource explores mechanisms by which mind and body processes influence the body's healing and performance potential. Content draws on an extraordinary range of sources to explore theories of human energy from physiology and biophysics, to examples drawn from the realms of "spontaneous healing," cutting-edge athletic and artistic performance, the martial arts, and various contemplative and spiritual practices. Providing new insights and theoretical models, it offers ways to apply these concepts directly, practically, and clinically. Provides an understanding of the nature of energy medicine by exploring science and common experience Explains complex scientific concepts in ways that are both vivid and easy to grasp Connects abstract theories with practical applications Addresses technical detail in a manner that allows readers from different backgrounds and with different depths of experience to choose their own level of access Includes detailed references with cutting-edge research and time-tested studies for the most well rounded perspective on the subject Written by a well-known and highly respected author in this complex and emerging field of study

About the Author President, Nature's Own Research Association, Dover, N.H. Education Consultant, Institute for New Medicine, Georgetown University Medical Center, Washington DC. Recent lectures and workshops include: Stichting Opleiding Manuele Therapie, Amersfoort, Netherlands; Concord Hospital, N.H.; Rolf Institute and Guild for Structural Integration, Boulder, Colorado; Colorado Cranial Institute, Zurich, Switzerland; Upledger Institute, U.K.; Rosenberg Institute and Nordleys Massage School, Silkeborg, Denmark; Ergoterapeut-og Fysioterapeutsken, Holstebro, Denmark; Massage Therapy Research Agenda Workgroup, American Massage Therapy Foundation, Grand Rounds, Rehabilitation Medicine, N.I.H.