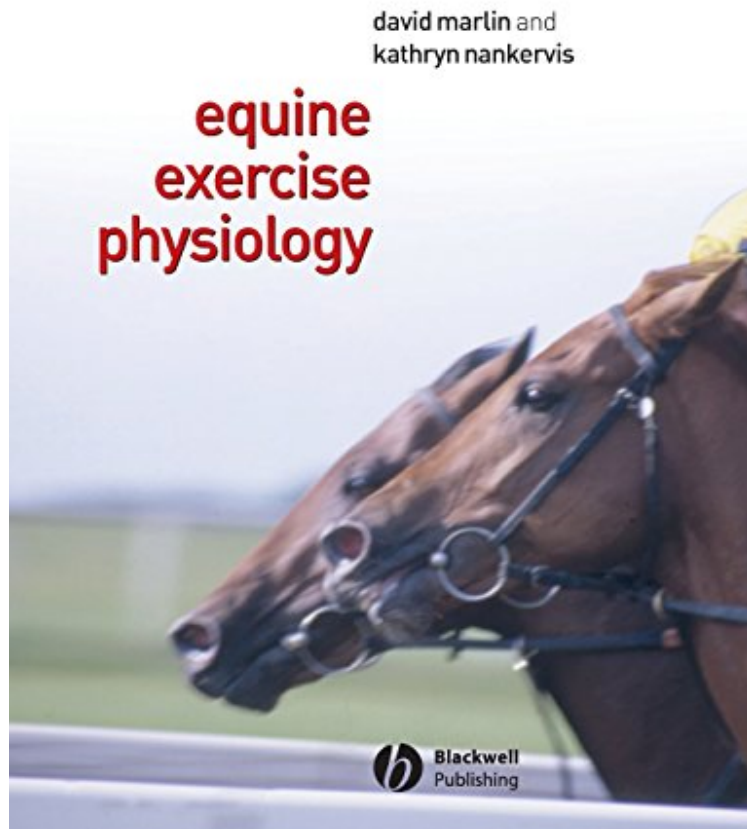


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Equine Exercise Physiology

David Marlin, Kathryn J. Nankervis
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papers that I passed, well written, great summary of key points at end of each chapter is very useful. A must-have for any owner/trainer/rider of sport or race horses

Equine exercise physiology is an area that has been subject to major scientific advances over the last 30 years, largely due to the increased availability of high-speed treadmills and techniques for recording physiological function during exercise. Despite the scientific advances, many riders and trainers are still using little more than experience and intuition to train their horses. The aim of this book is to sort the fact from the fiction for the benefit of those involved in training, managing or working with horses, and to provide an up-to-date summary of the state of play in equine exercise physiology. Scientific theories are explained from first principles, with the assumption that the reader has no previous scientific background. The book is designed to save competitors and trainers a lot of time and effort trying to extract information in piecemeal fashion from a host of reference sources. For the first time, everything you need to know about exercising and training horses is here in one text.

"The authors have created an excellent resource for undergraduate, graduate and even veterinary students. For the horse, owner, trainer and equine clinician, this text is a great resource to pull out when one is interested in a more clear understanding of advance integrative and applied aspects of the field of equine exercise physiology and equine sports medicine." (The Veterinary Journal, 2005) "a readable, up-to-date account of how to achieve the highest standards in your competition horses. It will suit all horse enthusiasts and students, as well as experienced trainers." From the Foreword, by Peter Scudamore

From the Back Cover

Equine exercise physiology is an area that has been subject to major scientific advances over the last 30 years, largely due to the increased availability of high-speed treadmills and techniques for recording physiological function during exercise. Despite the scientific advances, many riders and trainers are still using little more than experience and intuition to train their horses. The aim of this book is to sort the fact from the fiction for the benefit of those involved in training, managing or working with horses, and to provide an up-to-date summary of the state of play in equine exercise physiology. Scientific theories are explained from first principles, with the assumption that the reader has no previous scientific background. The book is designed to save competitors and trainers a lot of time and effort trying to extract information in piecemeal fashion from a host of reference sources. For the first time, everything you need to know about exercising and training horses is here in one text. Key features: The first book to be aimed specifically at equine science/studies degree students Will also be useful to veterinary students A manual-type approach makes this book portable and easy to use