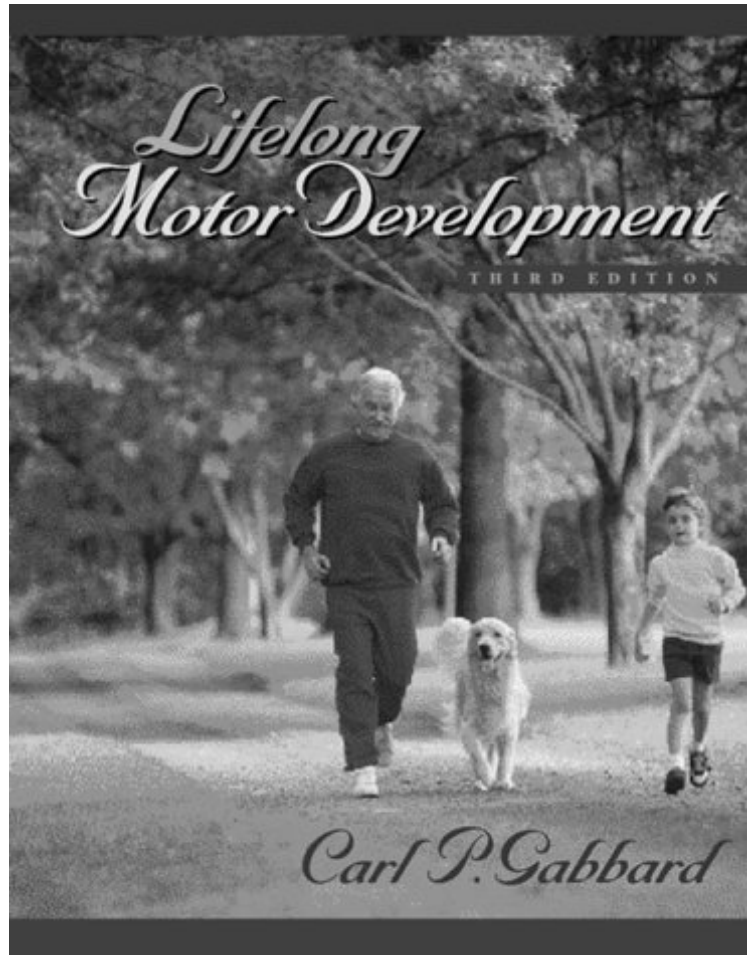


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Lifelong Motor Development (3rd Edition)

Carl Gabbard

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Carl Gabbard : Lifelong Motor Development (3rd Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Lifelong Motor Development (3rd Edition):

2 of 2 people found the following review helpful. Hard ReadingBy honeychildI don't think the information flowed smoothly, as to keep me engaged. Had a lot of information in it that was good, but if you are not trying to be a P.E teacher or a Physical Therapist, you didn't really need all this information. Did feel a lot of the information was designed for Early Childhood Majors. Just wanted to know what I needed to know.0 of 0 people found the following review helpful. Organized text bookBy AWGamer11Fairly well written for a text book- fairly easy to read and understand the material.Easy to read- diagrams are very helpfulinformation seems to be up to date (this is a 2012 version I believe)Delivered quickly with Prime.1 of 2 people found the following review helpful. Wouldn't be bad for a high school health classBy ninjasuperstarThis was one of my required texts for a recent college course. The book does not delve into great detail, but rather provides mushy blend of psychology and physiology that is ultimately too

simplistic to explore motor development and decline. My teacher expressed frustration in being unable to find a true motor development text book, and he explained that this was the best among the flawed texts available. For those looking for an introduction to motor development for high school students, this might be a place to start, but if you are a college professor in search of a challenging text, please do not assign this one.

This book explores the fascinating subject of motor development from birth through adulthood. The most comprehensive and up-to-date, scientifically based text available, *Lifelong Motor Development, Third Edition*, reviews the latest theory and research to help students understand physical growth and motor development across the lifespan. The nature/nurture theme pervades the text, stimulating critical thinking and giving the student an exciting perspective with which to consider the biological and environmental influences on the various aspects of motor development.

From the Back Cover This book explores the fascinating subject of motor development from birth through adulthood. The most comprehensive and up-to-date, scientifically based book available, *Lifelong Motor Development, Third Edition*, reviews the latest theory and research to help readers understand physical growth and motor development across the lifespan. The nature/nurture theme pervades, stimulating critical thinking and giving an exciting perspective from which to consider the biological and environmental influences on the various aspects of motor development. Highlights the latest findings in early brain development research and the importance of that research on motor behavior and application of knowledge. New research includes studies on perception, dynamical systems, infant (motor) memory, psychomotor slowing, and physical fitness. For anyone interested in physical education, kinesiology, exercise science, and human performance. About the Author Carl Gabbard is Professor and Director of Motor Development Studies at Texas AM University in College Station, Texas, and a Fellow of The American Academy of Kinesiology and Physical Education. He teaches both graduate and undergraduate courses in motor development. He has published numerous articles related to motor development and physical activity for infants and children. Gabbard has co-authored and reviewed several major curricular documents for National Association for Sport and Physical Education (NASPE) and the American Heart Association (AHA). In addition to being honored as the Southern District AAHPERD Scholar in 2003, Gabbard has received the Karpovich Lecturer recognition from Springfield College and the Margie R. Hanson Distinguished Service Award from AAHPERD. Gabbard is a former president of the NASPE (membership of 18,000) and served as Chair of the Motor Development section for the North American Society for the Psychology of Sport and Physical Activity. He continues to be a contributing member of the Motor Development Academy.