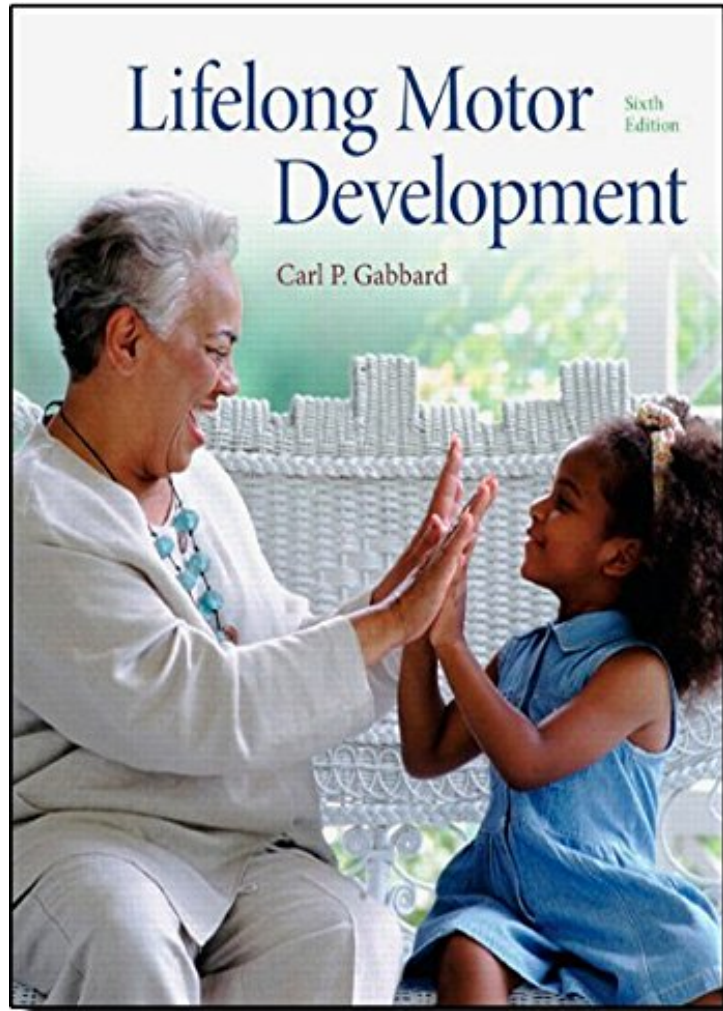


Lifelong Motor Development (6th Edition)

Carl P. Gabbard

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Carl P. Gabbard : Lifelong Motor Development (6th Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Lifelong Motor Development (6th Edition):

2 of 2 people found the following review helpful. Hard ReadingBy honeychildI don't think the information flowed smoothly, as to keep me engaged. Had a lot of information in it that was good, but if you are not trying to be a P.E teacher or a Physical Therapist, you didn't really need all this information. Did feel a lot of the information was designed for Early Childhood Majors. Just wanted to know what I needed to know.0 of 0 people found the following review helpful. Organized text bookBy AWGamer11Fairly well written for a text book- fairly easy to read and understand the material.Easy to read- diagrams are very helpfulinformation seems to be up to date (this is a 2012 version I believe)Delivered quickly with Prime.1 of 2 people found the following review helpful. Wouldn't be bad for

a high school health class
By ninjasuperstar
This was one of my required texts for a recent college course. The book does not delve into great detail, but rather provides a mushy blend of psychology and physiology that is ultimately too simplistic to explore motor development and decline. My teacher expressed frustration in being unable to find a true motor development text book, and he explained that this was the best among the flawed texts available. For those looking for an introduction to motor development for high school students, this might be a place to start, but if you are a college professor in search of a challenging text, please do not assign this one.

Lifelong Motor Development, Sixth Edition, is a comprehensive, science-based text covering background, theory, and research in the field of physical growth and motor behavior across the life span, as well as the practical application of these concepts. The Sixth edition focuses on the notion that the study of motor development is the study of change. In order to truly understand the multicausal and complex nature of motor development, this book was created and continues with the goal of introducing students to not a single theoretical explanation, but the most prominent theories and views that underscore our understanding of change in motor development establishing the Sixth edition as still the most scientific, contemporary, and applicable text of its kind.

From the Back Cover
Lifelong Motor Development is a comprehensive, science-based book covering theory and research of physical growth and motor behavior across the life span. The Fourth Edition features increased coverage of dynamic systems theory, a leading theory in motor development that explains how various body systems work together to control movement. Dynamic Systems Theory explains how different body systems work together to control movement. Increased coverage of motor development applications provides readers with practical examples related to careers in motor development. For college instructors and students.
About the Author
Carl Gabbard is Professor and Director of Motor Development Studies at Texas A&M University in College Station, Texas, and a Fellow of The American Academy of Kinesiology and Physical Education. He teaches both graduate and undergraduate courses in motor development. He has published numerous articles related to motor development and physical activity for infants and children. Gabbard has co-authored and reviewed several major curricular documents for National Association for Sport and Physical Education (NASPE) and the American Heart Association (AHA). In addition to being honored as the Southern District AAHPERD Scholar in 2003, Gabbard has received the Karpovich Lecturer recognition from Springfield College and the Margie R. Hanson Distinguished Service Award from AAHPERD. Gabbard is a former president of the NASPE (membership of 18,000) and served as Chair of the Motor Development section for the North American Society for the Psychology of Sport and Physical Activity. He continues to be a contributing member of the Motor Development Academy.