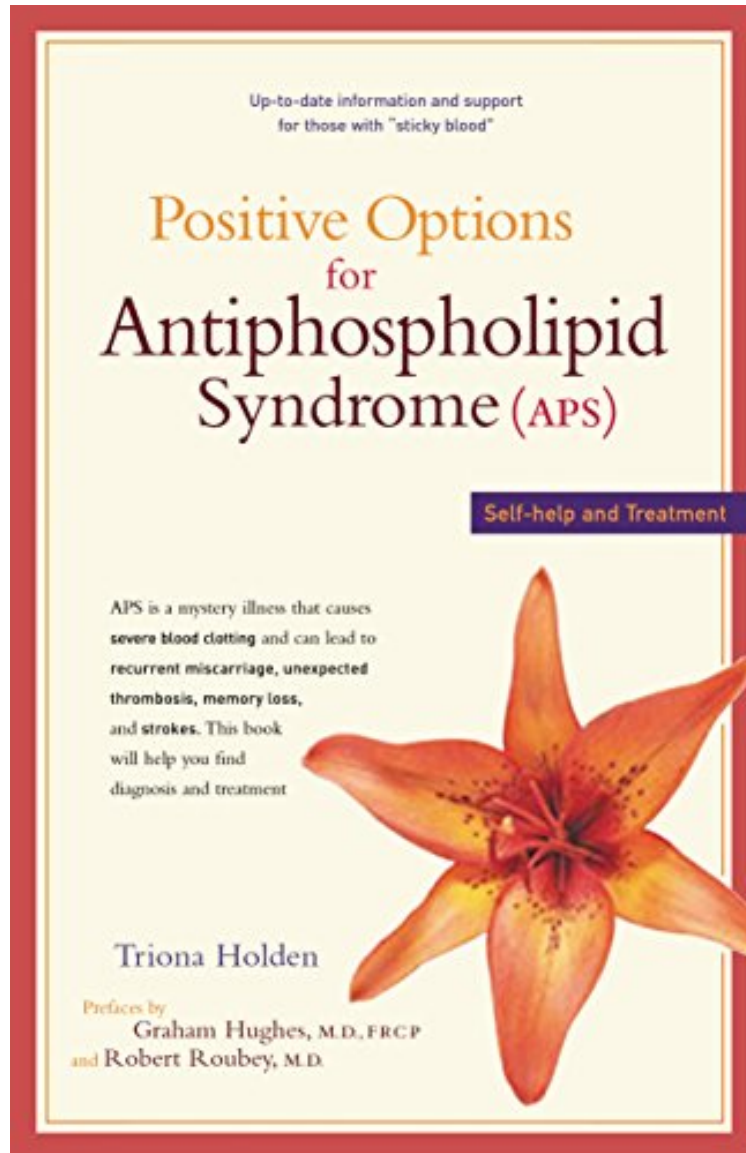


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Positive Options for Antiphospholipid Syndrome (APS): Self-Help and Treatment (Positive Options for Health)

Triona Holden

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Triona Holden : Positive Options for Antiphospholipid Syndrome (APS): Self-Help and Treatment (Positive Options for Health) before purchasing it in order to gage whether or not it would be worth my time, and all praised Positive Options for Antiphospholipid Syndrome (APS): Self-Help and Treatment (Positive Options for Health):

2 of 3 people found the following review helpful. APS A Horrible Blood DisorderBy DohboyThis is my second review of this book. I truly wish that the book be revised or a new updated version written about this blood clotting disorder. I was diagnosed with APS in the year 2000. I had spent a full day in the ER of a well recognised hospital on Fathers Day with literally 100's of other patient's. I was treated and diagnosed as having a "bad" headache. I was sent home the next day and then called by my physician, a neurologist, who told me to come to the office as I had had a stroke. Blood work was done, at that time samples were sent to two different states, and an autoimmue specialist came up with the problem. I have suffered many different and related symptom's since and most are revealed in this small book. It is now a very simple blood test.It is very unfortunate that many doctors and others in the health care field do not even know of this blood disorder at this point in time. It is even more mentally disrupting that the disorder is not even discussed in medical facilities yet.I was told by one of my doctor that I probably know more about APS than 'most' doctors and I am 86 years old and fighting the illness day by day. APS also complications other medical problems such as having a tooth extraction or even worse a surgical procedure.Please read this small book. If you have the disorder give copies to your doctor's and family members. I have probably purchased about 6 cope and intend to buy additional copies today.1 of 1 people found the following review helpful. Helpful and InformativeBy NicholeVery informative! As someone who has Hughes Syndrome it's very frustrating the lack of information I've received from my doctors and even online. This book answered lots of my questions and the stories from other people that have Hughes syndrome made me feel like I wasn't alone or crazy because of my symptoms. This is a necessity for anyone with APS.4 of 4 people found the following review helpful. Wonderful, informative bookBy Ian RushtonI bought this book in 2008 when my father was diagnosed. Even though there is information on the Internet it was so nice to have the information in one easy to read location. I was so impressed with the book that I bought a copy for my parents and siblings. We have several family members that have this syndrome but didn't know what was wrong, I just gave my copy to a professor in a nursing program because my dad is in the hospital and we are still having a difficult time finding doctors that know of the syndrome. I am ordering more copies so that I can give them to others to help spread the word.

This book contains information on an increasingly common autoimmune disorder. Also called "sticky blood" and Hughes Syndrome, APS makes one's blood clot too easily, creating high risk of stroke, thrombosis, and premature heart attack. It is also implicated in many other health problems including repeated miscarriages, neurological problems, early dementia and migraines. It is often associated with lupus, and mimics the symptoms of other diseases, including MS.Symptoms include; migraines and headaches, recurrent miscarriage, memory loss, slurred speech, blood clots, poor circulation, muscle pain and cramps, blurred vision, extreme fatigue, epilepsy, strokes, thrombosis and a form of angina. Because of lack of knowledge of APS in the medical establishment, sufferers are often misdiagnosed with MS or other more life-threatening conditions.This book helps the reader identify the symptoms and provides important information on diagnosis and treatment of APS. It contains many moving stories, explaining how people eventually got a diagnosis, their symptoms, the impact of APS on their lives and whether or not treatment has worked.Written in collaboration with Dr. Graham Hughes, the major researcher of APS in the UK, this book provides a clearly written informative look at an important but little-known disease.